



## **Year 7-10 Wednesday Afternoon Enrichment Activities: Summer 2025**

### **Key Information**

- Please select three activities in the order of your preference that you would like to participate in for the entire term. This will be completed in form on Thursday 13<sup>th</sup> March.
- Enrichment dates for summer term (9 weeks):
- Wed: 30th Apr, 7th May, 14th May, 21st May
- 4th June, 11th June, 18th June, 25th June, 2nd July
- Keep in mind that you may not receive your first choice, so it is essential to consider your second and third choices carefully.
- You will take part in **one** activity every Wednesday Afternoon during the summer term, progressing skills over the term.
- If an activity does not receive enough interest, it will not take place.
- Before selecting paid off-site activities, please consult your parents or guardians.
- Please be aware that refunds for paid activities are not possible.
- Once you have been allocated enrichment choices, there will be no changes permitted.
- In situations where activities have limited spaces and high demand, the following 3 factors are taken into account:
  - Positive engagement in that activity, afterschool & lunchtime extra-curricular and Wednesday P5 & P6 activities this academic year.
  - Whether you received a 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> choice in Autumn 2024 or Spring 2025.
  - Switched enrichment activities after allocation in the academic year. This counts as an additional 1<sup>st</sup> choice activity.

<b>Activities with no cost</b>	<b>Description</b>
<b>Ultimate Frisbee (NJ)</b>	Looking for an exciting and fast-paced activity that involves lots of scoring? Try Ultimate Frisbee that's designed for players of all skill levels. You'll enjoy developing your speed, agility, and endurance as you play.
<b>Eco-Committee</b>	The Eco-committee is a great opportunity to contribute towards a sustainable future for our planet. As a member of this committee, you will be supported to lead various eco-related projects within the school. You will not only be making a positive impact on the environment but also developing valuable leadership skills.
<b>Dungeons &amp; Dragons (SD)</b>	Enter a world of infinite possibilities where magic, monsters, swords, and sorcery reign supreme. In this enchanting game of collective storytelling, you will embark on a quest filled with challenges and adventures. So, gather your courage, sharpen your sword, and let the adventure begin!
<b>Multi Sports: Volleyball, Hockey, 3x3 Basketball (CP, DW, LP)</b>	Participate in Multi Sports, where you will enhance your overall skills and apply them across different activities. You will rotate through three sports: volleyball, hockey, and 3x3 basketball, spending an equal amount of time

	on each sport, supporting you to become an all-rounded sports person. There may also be the opportunity to visit a beach volleyball site!
<b>Cricket (JF, ES)</b>	Get ready to take your cricket game to the next level with Cricket Club. A range of practices that are specifically designed to help you improve your bowling, batting, and fielding skills. Whether you're a beginner or an experienced player, you will develop your skills and teamwork.
<b>Film Club (HW, EH)</b>	The Film Club will include organised film viewings, cinema trips and screenings of films linked to PHSE topics. You will engage in thoughtful film reviews, allowing you to express interpretations and critiques. There will also be opportunities to connect with the First Film National events, providing a platform to explore industry insights.
<b>Community Awareness – Volunteering at a Residential Home</b>	If you're looking for a meaningful way to give back to your local community, consider volunteering at the residential home. Spend time playing games, engaging in conversations, and offering your support. Not only will you be making a difference in the lives of others, but you'll also have the chance to develop new skills. This is a fantastic way to gain awareness of the needs of society and contribute to your community.
<b>Yoga &amp; Wellbeing (NB)</b>	Experience the power of Yoga as you engage in a diverse range of movements and wellness activities. Through yoga sessions, walking exercises, and meditation practices, you'll discover the benefits of physical and mental well-being.
<b>Science Practical Yr9 &amp; 10 (DC)</b>	In essential science practical's, you will have the opportunity to focus on specific experiments and techniques, providing students with hands-on experience and understanding of the scientific principles involved.
<b>Cyber Security (RB)</b>	Begin with challenges to develop the skills necessary to join the Cyber Squad. Afterwards, utilise these newly acquired skills to undertake missions aimed at protecting your software systems from various types of attacks.
<b>Talent Show, Let's Get Creative (PB, SG)</b>	Are you wishing to put your unique talents on display? Look no further than the 'Talent Show, let's get creative' event. This is your chance to demonstrate your exceptional abilities and wow the audience. You must select this as your enrichment choice if you wish to participate.
<b>Clay Making (JH)</b>	Experience the art of clay making by immersing yourself in a hands-on lesson where you'll learn the intricate techniques of molding, shaping, and firing clay. Whether you are a beginner or have some experience, this creative journey will allow you to express your artistic side.
<b>World Cuisine (MN, NK)</b>	Embark on a culinary journey and enhance your cooking prowess by mastering dishes from diverse global cuisines with World Cuisine. Each week, you have the opportunity to craft authentic and flavourful recipes from around the world. You will need to bring your own ingredients.
<b>Card Games Club (DL)</b>	Joining Card Game Club is about more than just playing games—it's about connecting with others, stimulating your mind, being creative and having fun. Card games will include UNO, Exploding Kittens to Cribbage and Texas Hold 'em. You will also have the opportunity to create your own game!
<b>Activities with additional cost</b>	
<b>Soft Toy making (NP) (equipment cost) £30 (including VAT)</b>	Join us in soft toy making, where you will unleash your creativity and craft your very own soft toy. Throughout this hands-on experience, you will

	learn essential techniques in design, stitching, and assembly, enabling you to transform soft materials into charming toys.
<b>Tennis £30 (including VAT)</b>	Improve your tennis skills on Edgbaston Archery Club's new tennis courts. An experienced and friendly Level 3 LTA Tennis coach will guide you through the rallies and help you hone your techniques. Regardless of your current level, all abilities are welcome to join and enjoy the game. All equipment is provided.
<b>Golf £96 (including VAT)</b>	Improve your golf skills at Edgbaston Golf Club with a highly qualified and experienced golf coach. You can work on your golf shots and develop winning strategies that will take your game to the next level. Whether you have played before or are a beginner looking to get started.
<b>Spinning Club (GS) £42 (including VAT)</b>	Join Spinning Club at Anytime Fitness, where you can enjoy cycling sessions led by our experienced SGSE staff. The sessions are designed to improve your strength and endurance. Experience the motivation of group workouts in a dynamic environment while enjoying music.